

Gemma & Antoinette Curry

## Important dates for February:

02 February  
Time to Talk Day  
#TimeToTalk

04 February  
World Cancer Day  
#WorldCancerDay

06 February  
Reclaim Social Day  
#ReclaimSocial

06 February  
Safer Internet Day  
#SaferInternetDay and #SID2024

06 February  
International Day of Zero Tolerance for  
F.G.M.

10 February  
Lunar New Year or Chinese New Year

13 February  
Shrove Tuesday (Pancake Day)  
#PancakeDay

13 February  
Galentine's day

14 February  
Valentine's day

14 February  
Ash Wednesday

14 February  
International Book Giving Day

## Who we are, where we cover and who we accept to work with.

Recently, there has been confusion over what areas we cover at Quality Care Time, and it is beneficial to let everyone know what areas we cover and who we work with. Most of our clients are private and located in Barnet, however, we do have contracts with Local Authorities in Barnet, Newham, Haringey, and West London Alliance (Ealing, Brent, Harrow, Hillingdon, Hounslow, Hammersmith & Fulham). Our main location is Barnet, Edgware, and Potters Bar because these locations are close to the office and is easy for staff to travel to.

London has 24/7 public transport which is good because buying & insuring a car with the congestion charges, increased diesel costs and traffic is no longer cost or time effective! There are offers that should be taken advantage of:



- Over 18's who are studying get 30% off travel [18+ Student Oyster photocard - Transport for London \(tfl.gov.uk\)](https://www.tfl.gov.uk)
- A 1/3 off travel expenses by applying for a national railcard [National Railcard discounts - Transport for London \(tfl.gov.uk\)](https://www.tfl.gov.uk)
- 50% off travel [Bus & Tram Discount photocard - Transport for London \(tfl.gov.uk\)](https://www.tfl.gov.uk)
- [Echelon Care & Social Worker Discount • Care & Social Workers save up to £1,049.99 on our full range of bikes, rowers, and Smart Mirror at Echelon \(gocertify.me\)](https://www.gocertify.me)

**It is very important to consider travel time and its cost when accepting or asking for additional work/clients.**

Staff are paid above the London living wage, however, working as carers can be exhausting and emotionally hard and there are many other benefits you are entitled to, such as:

- [Access Card: Making access easy](#)
- [Welcome to Blue Light Card](#)
- [Carer ID Cards - Forward Carers](#)
- [Discounts For Carers: Exclusive Discounts, Offers & Codes](#)
- [Blue Sky Social Care Card Home \(blueskycard.uk\)](https://www.blueskycard.uk)
- [Home - CEA Card](#)
- [Everyone Active Concession Gym Membership - Everyone Active](#)
- [Inclusive UK | Disability Gym and Leisure Membership | Better](#)

In March, its also important for carers to take advantage of a tax rebate which includes a reimbursement (tax relief) for uniforms, travel expenses, training and more [Claim tax relief for your job expenses: Overview - GOV.UK \(www.gov.uk\)](https://www.gov.uk)

Enjoy maternity Fatma  
& Ponni - you will be  
missed!



### Our Team

We have had new staff recently and you have all accomodated and welcomed the new members into our family - Thank you for being you.